

Secondary Autumn Term 2023 – NYES Catering

Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Traditional	Traditional	Traditional	Traditional	Traditional
Chicken & Vegetable Pie with Roast Potatoes	✓ Cheese & Onion Pasty with Baked Tiger Wedges	Roast Pork with Apple Sauce with Mashed Potatoes	Minced Beef & Yorkshire Pudding with Parsley Potatoes	Crispy Battered Fish & Chips
Fusion	Fusion	Fusion	Fusion	Fusion
✓ Vg Shawarma Wrap with Persian Relish LJ	Beef Keema Flatbread with Crispy Onions	✓ Vg BBQ Sausage, Slaw & Lightly Spiced Potatoes	✓ Vg Chilli Non-Con Carne Rice Pot Tugo	Chicken Tikka Masala Noodle Pot Tugo
Street	Street	Street	Street	Street
Pulled Pork Dirty Wedges	✓ Vg Neo Pizza Bar Tugo	Fish Finger Sandwich	Gyros & Salad topped Pitta with Garlic Drizzle LJ	✓ Vg Cheesy Bean Burger, Ketchup and Chips Plant based option available.
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Seasonal Vegetables or Salad	Seasonal Vegetables or Salad	Seasonal Vegetables or Salad	Seasonal Vegetables or Salad	Seasonal Vegetables or Salad
Dessert	Dessert	Dessert	Dessert	Dessert
✓ Vg Lemon Shortcake	✓ Vg Fruity Jam Sandwich & Custard	✓ Vg Rice Pudding & Peaches	✓ Vg Fruit Crumble Slice	✓ Vg Chocolate Orange Mousse Cake

Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Traditional	Traditional	Traditional	Traditional	Traditional
Flaky Pastry Topped Steak & Mushroom Pie with Mashed Potatoes	V Pasta Bolognese and Garlic Bread	Toad in the Hole with Onion Gravy and Roast Potatoes	Cottage Pie	Crispy Battered Fish & Chips
Fusion	Fusion	Fusion	Fusion	Fusion
Chicken Fajita Rice Pot Tugo	V Sticky Quorn Noodles	Carbonara Pasta Pot Tugo	Pork Char Sui with Rice	V Lightly Spiced Veg & Bean Curry Loaded Wedges
Street	Street	Street	Street	Street
V Cauliflower Mac & Cheese	Southern Fried Chicken Burger with BBQ Sauce LJ	V Cheesy Bean Enchilada	V Neo Pizza Bar Tugo	No Nut Satay Chicken Bites with Sticky Rice LJ
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Seasonal Vegetables or Salad	Seasonal Vegetables or Salad	Seasonal Vegetables or Salad	Seasonal Vegetables or Salad	Seasonal Vegetables or Salad
Dessert	Dessert	Dessert	Dessert	Dessert
V Chocolate Cornflake Pudding	V Viennese Whirl, Fruit & Ice-Cream	V Jam Roly Poly & Custard	V Flapjack	V Toffee Apple Muffin

Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Traditional	Traditional	Traditional	Traditional	Traditional
✓ Cheese, Leek & Potato Bake	Mince Beef & Dumplings with Mashed Potatoes	Roast Chicken & Sage & Onion Stuffing with Roast Potatoes	✓ Veggie Sausage & Bean Bake	Crispy Battered Fish & Chips
Fusion	Fusion	Fusion	Fusion	Fusion
Chicken Korma, Rice & Naan Bread	✓ Mascarpone Tomato & Basil Pasta Pot Tugo	Sloppy Joes with Diced Potatoes	Fish Stars with Lemon Mayo	Crispy Shredded Chicken Noodle Bowl with Sweet Chilli Dip LJ
Street	Street	Street	Street	Street
✓ Neo Pizza Bar Tugo	Chicken Tikka topped Naan with Minted Yoghurt LJ	✓ Sweet & Sour Noodle Pot Tugo	Beef Burger with Tomato Salsa	✓ Crunchy Garlic Bread topped Tomato Pasta Plant based option available.
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Seasonal Vegetables or Salad	Seasonal Vegetables or Salad	Seasonal Vegetables or Salad	Seasonal Vegetables or Salad	Seasonal Vegetables or Salad
Dessert	Dessert	Dessert	Dessert	Dessert
✓ Autumnal Fruit Crumble & Custard	✓ Cappuccino Bars	✓ Chocolate Sponge & Chocolate Sauce	✓ Carrot Cake	✓ Iced Lemon Bun